



The Ultimate Spring Cleaning Checklist

YOUR ROOM- BY- ROOM GUIDE

Whole Home Starter Tips!

Knock these items out in every room.

- ☐ Clean from top to bottom! You don't want ceiling debris falling on your freshly mopped floors
- ☐ Start with a specific area, particularly the exit zone (i.e. the garage)
- ☐ Determine your project's end goal
- ☐ Wash baseboards, walls, doors, windows & window sills
- ☐ Vacuum & clean vents
- ☐ Dust & shine lights, ceiling fans, lamp shades & replace any burnt light bulbs
- ☐ Spring clean the green way! Use reusable rags rather than paper towels and non-toxic cleaning products such as lemon, baking soda and vinegar!
- ☐ Before you buy new storage items - reuse some you may already have
- ☐ Remove clutter - Find a sustainable Junk Removal Company to help (that's us!).

Kitchen Cleaning Checklist

Even your meals will taste more rewarding.

- ☐ Clean your cabinets inside & out
- ☐ Remove clutter from countertops
- ☐ Vacuum fridge coils
- ☐ Clear out your pantry
- ☐ Deep clean your oven
- ☐ Vacuum & mop behind your fridge
- ☐ Dust the tops of fridge, stove, & appliances
- ☐ Clean your fridge inside & out
- ☐ Use citrus fruit rinds to clean your garbage disposal naturally while also leaving your drain smelling fresh

Closet Organization & Cleanout Checklist

Out with the old; in with the fresh looks!

- ☐ Properly dispose of any trash including shopping bags & tags
- ☐ Remove everything from your closet & organize into piles:
 - ☐ Items you wish to donate
 - ☐ Items you need to iron
 - ☐ Items that can be folded
 - ☐ Items that can be hung up
- ☐ Vacuum and wipe down empty closet & any shelving
- ☐ Replace folded clothes using drawer dividers
- ☐ Replace hanging clothes
- ☐ Iron wrinkled items & return to closet
- ☐ Keep extra hangers on one side of your closet

Bathroom Cleaning Checklist

Maybe you'll finally take that bath you've been dreaming of.

- ☐ Wash bath mats, towels, & shower curtains
- ☐ Remove old soap & cosmetics bottles
(Check recycling instructions on the label!)
- ☐ Disinfect & clean your tub & shower
- ☐ Dust decorative items or replace
- ☐ Replace and/or wash shower liners & curtains

Bedroom Cleaning Checklist

Because you deserve fresh, fluffy sheets.

- ☐ Wash all bedding, including comforters, sheets, & throw pillows
- ☐ You can even use the vacuum's upholstery & crevice tools to clean the top and sides of your mattress
- ☐ Flip your mattress!
- ☐ Give your once loved items a new life by donating what you no longer need

Living Room Cleaning Checklist

So you can binge that new season in a clear, clutter-free space.

- ☐ Dust all mirrors, frames, & other decorative items
- ☐ Vacuum upholstery, lamp shades, & carpets
- ☐ Dust fixtures & furniture
- ☐ Wash blankets & throw pillows

Reclaim your Outdoor Space

You're almost there!

- ☐ Remove old hot tubs, above ground pools or sheds by calling The Junkluggers
- ☐ Upgrade your patio furniture and donate the old items
- ☐ Take down playsets / trampolines if kids have outgrown them
- ☐ Say goodbye to your old fence, grill or other outdoor clutter
- ☐ Don't forget to declutter and organize your garage!
- ☐ Sit back, relax, & enjoy your fresh space

Office Cleaning Checklist

Increase productivity, decrease stress.

- ☐ Vacuum entire floor, including any rugs or carpeting
- ☐ Dust decorative items, shelves, & window sills
- ☐ Organize drawers & desk area, recycle or donate items you no longer want or need
- ☐ Get rid of broken or unused electronic waste.
Electronic waste makes up a large portion of toxic waste so it is very important to donate or recycle them properly!