



The Ultimate Spring Cleaning Checklist

YOUR ROOM- BY- ROOM GUIDE

Whole Home Starter Tips!

Knock these items out in every room.

- Clean from top to bottom! You don't want ceiling debris falling on your freshly mopped floors
- Start with a specific area, particularly the exit zone (i.e. the garage)
- Determine your project's end goal
- Wash baseboards, walls, doors, windows & window sills
- Vacuum & clean vents
- Dust & shine lights, ceiling fans, lamp shades & replace any burnt light bulbs
- Spring clean the green way! Use reusable rags rather than paper towels and non-toxic cleaning products such as lemon, baking soda and vinegar!
- Before you buy new storage items - reuse some you may already have
- Remove clutter - Find a sustainable Junk Removal Company to help (that's us!).

Kitchen Cleaning Checklist

Even your meals will taste more rewarding.

- Clean your cabinets inside & out
- Remove clutter from countertops
- Vacuum fridge coils
- Clear out your pantry
- Deep clean your oven
- Vacuum & mop behind your fridge
- Dust the tops of fridge, stove, & appliances
- Clean your fridge inside & out
- Use citrus fruit rinds to clean your garbage disposal naturally while also leaving your drain smelling fresh

Closet Organization & Cleanout Checklist

Out with the old; in with the fresh looks!

- Properly dispose of any trash including shopping bags & tags
- Remove everything from your closet & organize into piles:
 - Items you wish to donate
 - Items you need to iron
 - Items that can be folded
 - Items that can be hung up
- Vacuum and wipe down empty closet & any shelving
- Replace folded clothes using drawer dividers
- Replace hanging clothes
- Iron wrinkled items & return to closet
- Keep extra hangers on one side of your closet

Bathroom Cleaning Checklist

Maybe you'll finally take that bath you've been dreaming of.

- Wash bath mats, towels, & shower curtains
- Remove old soap & cosmetics bottles
(Check recycling instructions on the label!)
- Disinfect & clean your tub & shower
- Dust decorative items or replace
- Replace and/or wash shower liners & curtains

Living Room Cleaning Checklist

So you can binge that new season in a clear, clutter-free space.

- Dust all mirrors, frames, & other decorative items
- Vacuum upholstery, lamp shades, & carpets
- Dust fixtures & furniture
- Wash blankets & throw pillows

Bedroom Cleaning Checklist

Because you deserve fresh, fluffy sheets.

- Wash all bedding, including comforters, sheets, & throw pillows
- You can even use the vacuum's upholstery & crevice tools to clean the top and sides of your mattress
- Flip your mattress!
- Give your once loved items a new life by donating what you no longer need

Reclaim your Outdoor Space

You're almost there!

- Remove old hot tubs, above ground pools or sheds by calling The Junkluggers
- Upgrade your patio furniture and donate the old items
- Take down playsets / trampolines if kids have outgrown them
- Say goodbye to your old fence, grill or other outdoor clutter
- Don't forget to declutter and organize your garage!
- Sit back, relax, & enjoy your fresh space

Office Cleaning Checklist

Increase productivity, decrease stress.

- Vacuum entire floor, including any rugs or carpeting
- Dust decorative items, shelves, & window sills
- Organize drawers & desk area, recycle or donate items you no longer want or need
- Get rid of broken or unused electronic waste.
Electronic waste makes up a large portion of toxic waste so it is very important to donate or recycle them properly!